

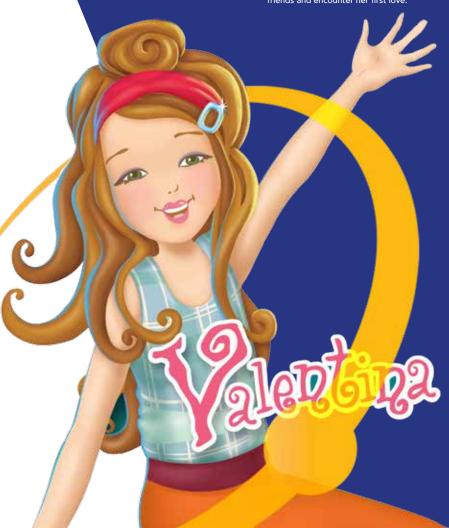


MOVIES

25[™] DEC, at 19:00 CAT/ 20:00 EAT

Valentina Zuku Movies Family Channel 207

Valentina is growing and her feelings are born in her heart. As the winter ends, she and her friends decide to organize a welcome party to celebrate the arrival of spring. In the midst of preparation, Valentina will discover new sensations, meet new friends and encounter her first love.





28[™] DEC, Killer Mountair at 21:00 CAT/ 22:00 EAT Zuku Movies Action Channel 204

A group of mountain climbers disappears while climbing the Himalayas in the 1950s. In the present, another group takes the same route and also disappears. A shady rich man hires a professional mountaineer and some scientists to find them.



21ST DEC, at 19:00 EAT/20:00 EAT Are You Ready For Love Zuku Movies Max Channel 201

A pair of Californian dating gurus come to London to launch their book on how to find love in three days, as a publicity stunt for the book, they try to find soulmates for three lonely Londoners, but things don't go according to plan.



12[™] DEC at 19:00 CAT/20:00 EAT The Velveteen Rabbit Zuku Family Channel 207

After the death of his mother, Toby Morgan is sent to spend Christmas with his strict grandmother. The boy seems destined for an unpleasant holiday – Until he discovers an attic full of magical toys. The happy crew includes Prissy Swan, on overeager horse and a lovely velveteen rabbit. The rabbit was left to him by his mother and with its help, Toby might be granted his biggest Christmas wish of all.



28TH DEC at 19:00 CAT/20:00 EAT SOX: A Family's Best Friend Zuku Movies Family Channel 207

A new family is having difficulty adjusting, when an adorable dog comes into their life. Once his special powers are discovered, the local dog catcher and the (F.B.D.I) Federal Bureau Of Dog Investigation will stop at nothing to get him.



MUSIC





Every Tuesday at 19:00 CAT/ 20:00 EAT KENYA 10 Trace Mziki Channel 745

Every Tuesday, we bring you the entire chart topping video releases from Kenya on our weekly 254 countdown, Kenya 10.



Every Monday at 19:00 CAT/ 20:00 EAT HIP HOP 10 Trace Mziki Channel 745

For all the hottest Swahili HipHop and rap, tune into Mziki Hiphop every Monday and discover what's popping in the 255 and 254

25[™] DEC, at 21:00 CAT/ 22:00 EAT Mziki Tamasha #Jidenna Trace Mziki channel 745

The December Trace Mziki will premiere the exclusive broadcast of Jidenna's sell out concert in Nairobi. Expect a spectacular classic concert by the Classic Man himself, Jidenna! Spend Christmas with us the Chem Chem way!





DOCUMENTARIES



3RD DEC, at 18:00 CAT/ 19:00 CAT Savage Kingdom Uprising: The Enemy Within National Geographic channel 414

Male Lion Sekekama, the undisputed king of the Marsh Pride must contend with his three eldest sons who are hungry for power. On the outskirts of their territory, the Northern Pride is growing a blood thirsty lion army, preparing for revenge against its sworn enemy. Meanwhile, the kingdom's deadliest leopard assassin, Saba, works tirelessly to make sure her only son follows in her deadly footsteps





24TH DEC, at 18:00 CAT/ 19:00 CAT SAVAGE KINGDOM: Uprising King Slayers National Geographic Channel 414

The Marsh Pride's aging king, Sekekama, is forced to lead his family into hostile territory on a mission to save them from a vicious drought gripping the kingdom. His great gamble leads him into a bloody contest against rivals old and new. But his control over one treacherous son will determine Sekekama's hold on power, and the future of his own legacy.



10[™] DEC, at 18:00 CAT/ 19:00 CAT Savage Kingdom: Uprising First Blood National Geographic Channel 414

Neo must prepare for life as a solitary assassin, but his future hangs in the balance when his mother is left seriously injured after fighting for their fortress. Pressure mounts as Neo grows stronger and his own father, Dark Eyes, wants him out. Meanwhile on the edges of the Marsh the vengeful northern queens suffer a cruel blow to their growing pride when their drifter king returns



17[™] DEC, at 18:00 CAT/ 19:00 CAT Savage Kingdom: Uprising Reign Of Traitors National Geographic Channel 414

The Marsh pride reaches its breaking point as Sekekama struggles to suppress the rebellion of his three treacherous sons and protect his kingdom. As the Great Marsh withers in the grip of the dry season, Zalika, the hyena queen, raises new troops to prepare for her moment of triumph. And the Vagabond Pale Pack of wild dogs fights for survival, driven to desperate lengths for food



SERIES





Every Saturday, at 22:05 CAT/ 23:05 EAT

Empire Season 4
Fox Life Channel 131

Empire is a powerful drama about a family dynasty set within the glamorous and sometimes dangerous world of hip-hop music. The show revolves around the Lyon family and their media company, Empire Entertainment. The founder Lucious Lyon is the is the King of hip-hop, but his company and reign are constantly threatened by his family, including his ex-wife, Cookie Lyon and a volatile and competitive music industry.



Every Tuesday, at 22:05 CAT/ 23:05 EAT

Greys Anatomy Season 12 Fox Life Channel 131

Tonight, Meredith and Maggie support Amelia on an important day; Jo reveals that she has been keeping secrets from Alex while Arizona and Callie deal with the impact of their custody arrangement. Meanwhile, Ben leaps into action to help a friend



Every Sunday, at 14:45 CAT/ 15:45 EAT

Shots Fired Double Bill Fox Life Channel 131

Examines the dangerous aftermath of two racially charged shootings in a small southern town, providing an explosive autopsy of Americas criminal justice system.



Every Saturday, at 09:45 CAT/ 10:45 EAT

Simpsons–"Detention Saturday With Bart Fox Life Channel 131

Join Bart Simpson as he goes on detention. The SIMPSONS is one of the most consistently groundbreaking, innovative and recognizable entertainment franchises throughout the world. With its subversive humor and delightful wit, the series has made an indelible imprint on American pop culture, with its family members – Homer, Marge, Bart, Lisa and Maggie.



Every Sunday, at 12:30 CAT/13:30 EAT

24 Legacy Fox Life Channel 131

The clock ticks again with 24: Legacy, the next evolution of the Emmy Award-Winning "24". The series chronicles an adrenaline-fueled race against the clock to stop a devastating terrorist attack on United States soil – In the same real-time format that has propelled this genredefining series



Every Friday, at 20:10 CAT/ 21:10 EAT

Criminal Minds Season 10
Fox Life channel 131

The Behavioral Analysis Unit is composed of an elite team of FBI profilers who analyze the country's most twisted criminal minds and anticipate their next moves before they strike again.



Every Sunday, at 21:00 CAT/ 22:00 EAT

Lee Daniels Star Fox Life Channel 131

Featuring a soundtrack of original music and stunning music performances. STAR follows three talented singers, desperate for a new start and with ambitions of stardom, as they navigate the cut-throat music business on their road to success





23RD DEC, at 10:50 CAT/ 11:50 EAT Simpsons – "Marge Saturday Fests", Fox Life Channel 131

The SIMPSONS is one of the most consistently groundbreaking, innovative and recognizable entertainment franchises throughout the world. With its subversive humor and delightful wit, the series has made an indelible imprint on American pop culture, and with its family members – Homer, Marge, Bart, Lisa and Maggie.



Every Wednesday, at 21:00 CAT/ 22:00 EAT

The Walking Dead Season 8
Fox Life Channel 131

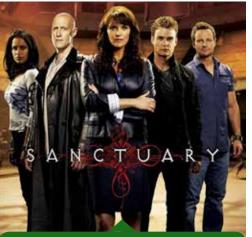
With war raging all around him, we get a close look at Negan and the lives of the saviors during the conflict through a familiar set of eyes.

25TH DEC, at 21:00 CAT/22:00 EAT

Sanctuary S1 Christmas Marathon Zuku Movies Family Channel 207

Enigmatic Dr. Helen Magnus and her team -- forensic psychiatrist Dr. Will Zimmerman, tech genius Henry and Helen's daughter, Ashley -- study the eerie beings most humans dismiss as the imaginary stuff of nightmares, but who secretly are living and moving about in the modern world in this sci-fi series that is filmed with extensive use of green screens and "virtual sets."





30[™] DEC, at 21:00 CAT/22:00 EAT

Sanctuary S2 Christmas Marathon
Zuku Movies Family Channel 207

Enigmatic Dr. Helen Magnus and her team -- forensic psychiatrist Dr. Will Zimmerman, tech genius Henry and Helen's daughter, Ashley -- study the eerie beings most humans dismiss as the imaginary stuff of nightmares, but who secretly are living and moving about in the modern world in this sci-fi series that is filmed with extensive use of green screens and "virtual sets."



NEWS & BUSINESS





4[™] DEC, at 22:00 CAT/ 23:00 EAT

The Coming War On China (Eps 1)
Al Jazeera Channel 520

Nuclear War is not only imaginable, but planned according to award winning journalist John Pilger who has been investigating the greatest build-up of military forces since the second world war is underway on the western borders of Russia. On the other side of the world, the ruse of China is viewed in Washington as a threat to American dominance. To counter this, president Obama announced a "pivot to Asia", which meant that almost two-thirds of all US naval forces would be transferred to Asia and the Pacific, their weapons aimed at China. A policy which has been taken up by his successor Donald Trump, who during his election campaign said "we can't continue to allow china to rape our country and that's what they're doing".

Filmed on five possible front-lines across Asia and the Pacific over two years, the story is told in chapters that connect a secret and "forgotten" past to the rapacious actions of great power today and to a resistance, of which little is known in the west.

Witness: Cahier African Al Jazeera Channel 520

This story begins with a small school notebook filled with pages. Courageous testimonies from 300 Central African women, girls and men. On their own initiative, they decided to record crimes committed against them by Congolese mercenaries in the early 2000s Amzine a young Muslim woman gave birth to a child as a result of rape. Her daughter, 12-year-old Fane is a daily reminder of the suffering she has now entrusted to the notebook. Arlette, a young Christian girl dreams of a pain-free existence after being shot in the leg. As they go about their daily lives hoping for justice while the war crimes tribunal in The Hague is underway, to their horror a new war breaks out in the Central African Republic. Filmed for over seven years, the film bears witness to the collapse of order and civilization in the Central African Republic.

14[™] DEC, at 18:30 CAT/ 19:30 EAT

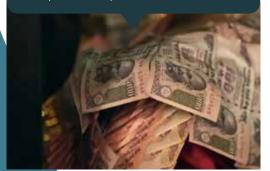
101 East: The New Maharajas Al Jazeera Channel 520

101 East gets a coveted invite into the gold-glided world of India's new maharajas.

Extravagant Bollywood weddings, luxury yatchs, the finest delicacies and opulent homes. India's billionaires are cashed up and they're bit afraid to flaunt it.

India is home to the highest number of billionaires in the world after China and the US, its super-rich love to splurge on round-the-world, first-class holidays and lavish parties no expense spared.

But in a country where millions still live in poverty, the spending habits of the wealthiest and self-made success stories spark controversy.





11[™] DEC, at 22:00 CAT/ 23:00 EAT

The Coming War On China (Eps 2)

Aljazeera Channel 520

Nuclear War is not only imaginable, but planned according to award winning journalist John Pilger who has been investigating the greatest build-up of military forces since the second world war is underway on the western borders of Russia. On the other side of the world, the ruse of China is viewed in Washington as a threat to American dominance. To counter this, president Obama announced a "pivot to Asia", which meant that almost two-thirds of all US naval forces would be transferred to Asia and the Pacific, their weapons aimed at China. A policy which has been taken up by his successor Donald Trump, who during his election campaign said "we can't continue to allow china to rape our country and that's what they're doing". Filmed on five possible front-lines across Asia and the Pacific over two years, the story is told in chapters that connect a secret and "forgotten" past to the rapacious actions of great power today and to a resistance, of which little is known in the



6[™] DEC, at 18:30 CAT/19:30 EAT

Witness: Edith + Eddie Aljazeera Channel 520

Edith and Eddie got married in Virginia at ages 96 and 95. Dancing at the honky-tonk and going to church, their newlywed life is full of affection, prayer and faith.

Since tying the knot, both Edith and Eddie have experienced an awakening; they have a new reason to get up in the morning. They enjoy exercising together and relaxing by the river. They are always holding hands.

However, this fairytale love story hovers in great contrast to the nightmarish reality. Their love story is disrupted by a feud over legal guardianship threatens to tear the couple apart.



10™ DEC, at 18:30 CAT/19:30 EAT

Witness: Mada Underground Aljazeera Channel 520

From gifted slam poet Caylah to inventive visual artist Temandrota and a crew of entrepreneurial skateboarders, a generation of youth is making space for creative projects. They are inspiring in their enthusiasm and hopful for the future despite the poverty in their country, and its colonial past. Respected local rapper Naty introduces a group of young people who are intent on making their mark on Madagascar's cultural history.



LIFESTYLE





24[™] DEC, at 09:00 CAT / Welcome To Sweeties Pie's S1 10:00 EAT to 13:30 CAT/ 14:30 EAT Viasat Life Channel 413

singing career ended, Montgomery, who is known as Miss Robbie – took her mother's soul-food recipes, which had been passed down through generations and created Sweetie Pie's, an iconic St Louis soul-food restaurant that now has multiple locations. This docu-series follows Miss Robbie as she works career and navigating his relationship with off-and-on fiancée Jenae. Miss Robbie, who is in her 70s and has never been



Double Bill Wednesdays at 14:45 CAT/ 15:45 EAT

L.A Hair Sn 1 & Sn 2

Viasat Life Channel 413

Mary Mary Viasat Life Channel 413

Follow Gospel superstars (and sisters) Erica and Tina Campbell as they juggle the demands of their hectic touring schedule, their marriages and children, as well as being part of a big raucous extended family.

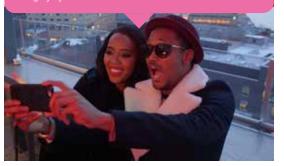
This is a docu-soap full of sparkle, but with a dramatic,

of the heavenly sister act.

Double Bill Tuesdays at 15:45 CAT/16:45 EAT

Growing Up Hip Hop S1 Viasat Life Channel 413

Growing up with a famous parent isn't easy, as the children often have to work hard to emerge from their parents' shadows and gain independence – especially if they want entertainment careers of their own. Growing Up Hip Hop documents the lives of a tight-knit group of friends, most of whom have at least one parent who is famous. Angels Simmons, the daughter of Run-D.M.C's Rev Run, Romeo Miller, the son of Master P, Damon 'Boogie' Dash, son of former record executive Damon Dash; Kristinia DeBarge, the daughter of James DeBarge, TJ Mizell, son of the late Run D.M.C member Jam Master Jay and Egypt Criss daughter of Pepa from Salt-n-Pepa and Treach from

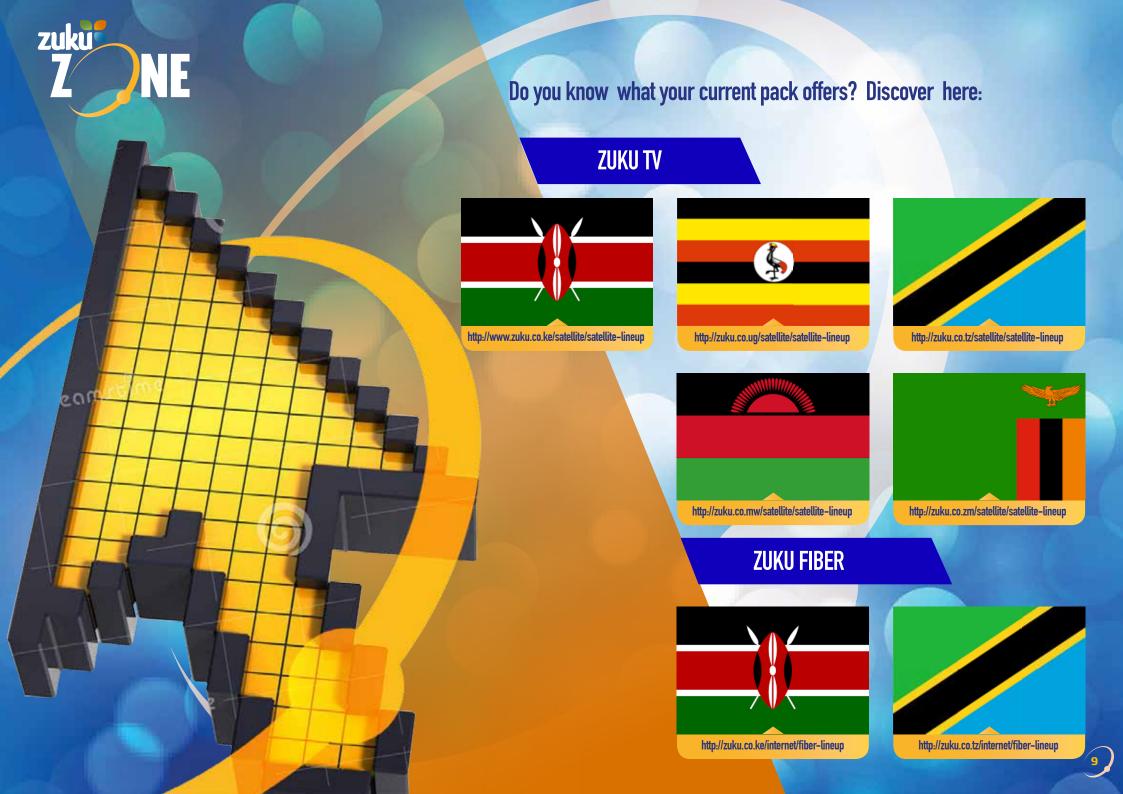


Monday to Friday at 12:45 CAT/ 13:45

Growing Up Mcghee S1 & S2 Viasat Life Channel 413

After a decade of trying to have children, Mia and Ro McGhee never imagined they would have sextuplets! In the new series, Growing Up McGhee, Mia and Ro try their best to balance a hectic life that not only includes raising six children, but also entails running a family business. Life was busy enough when they were babies, but now they can walk, talk, and share lots of laughs and mischief. Never before have they felt more outnumbered ... and they wouldn't change a thing







RADIO CHANNELS









Clouds FM

CLASSIC & PREMIUM

SMART & SMART PLUS

	The second secon
966	Star FM
967	Zodiak Radio
968	Joy Radio
969	Kass FM
970	Radio QFM
971	Unverified Radio
972	Nation FM
973	QFM
974	Capital FM
975	Homeboyz Radio
976	East FM
977	Clouds FM
978	Radio Waumini

70	Radio QFM
71	Unverified Radio
172	Nation FM
173	OFM
174	Capital FM
75	Homeboyz Radio
176	East FM
77	Clouds FM
78	Radio Waumini
79	Radio Maisha
180	MBC Radio 1
81	MBC Radio 2
182	BBC English
183	BBC Swahili
184	DW Radio
185	Total Hits UK
186	2000s
87	Hip Hop
188	Urban
90	Classic RnB
91	Blues
192	Rock Alternative
193	Indie Classics
94	Rock Anthems
95	Rock n Roll
	Classic Rock
97	All Day Party
198	Dance Floor Fillers
199	Groove
000	60s
001	
.002	70s 80s
003	90s
004	South Africa Traditional
005	South African Modern
006	Bollywood Hits
007	Classic India
800	Hindi Gold
.009	Punjabi
010	Sounds of South India
011	Arabic
012	Classic Greats
013	Classic Calm
014	Jazz Classics
015	Cool Jazz
016	Chillout
017	East African Gospel
018	South African Gospel
019	Bass, Breaks and Beats
020	Drive
021	Freedom
022	Hope FM
023	Radio Rahma
OTAL	50

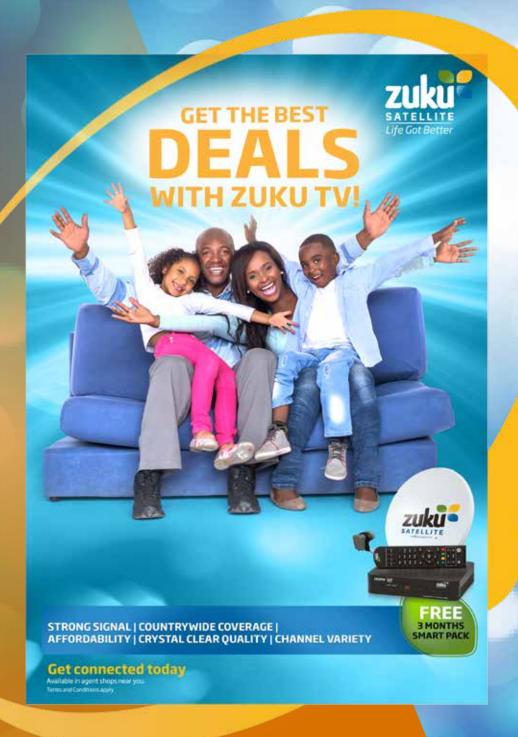
966	Star FM
967	Zodiak Radio
968	Joy Radio
969	Kass FM
970	Radio QFM
971	Unverified Radio
972	Nation FM
973	QFM
974	Capital FM
975	East FM
976	East FM
977	Clouds FM
978	Radio Waumini
979	Radio Maisha
980	MBC Radio 1
981	MBC Radio 2
982	BBC English
983	BBC Swahili
984	DW Radio
1022	Hope FM
1023	Radio Rahma
TOTAL	18

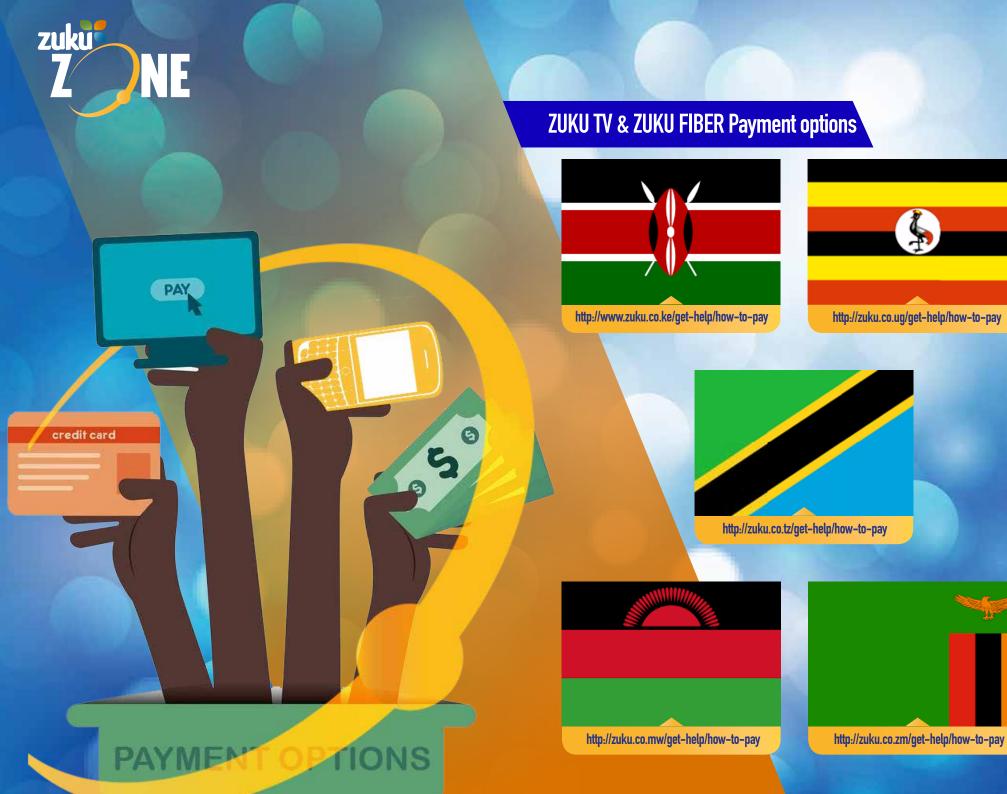
KENYA RADIO CHANNELS TANZANIA RADIO CHANNELS

969	Kass
971	Unverified Radio
972	Nation FM
973	QFM
974	Capital FM
975	Homeboyz Radio
	East FM
976	
973	QFM
974	Capital FM
975	Homeboyz Radio
976	East FM
977	Clouds FM
978	Radio Waumini
	Radio Maisha
979	
980	MBC Radio 1
981	MBC Radio 2
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984	DW Radio
985	Total Hits UK
986	2000s
987	Нір Нор
988	Urban
990	Classic RnB
991	Blues
992	Rock Alternative
993	Indie Classics
994	Rock Anthems
995	Rock n Roll
996	Classic Rock
997	All Day Party
998	Dance Floor Fillers
999	Groove
1000	60s
1001	70s
1002	80s
1003 1004	90s
	South Africa Traditional
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1013	Classic Calm
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1014	Cool Jazz
1016	Chillout
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1018	South African Gospel
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1020	Drive
1021	Freedom
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1016	Chillout
1017	East African Gospel
1018	South African Gospel
1019	Bass, Breaks and Beats
1020	Drive Drive
1021	Freedom
1022	Hope FM
1023	Radio Rahma
TOTAL	40







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DECEMBER













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